

Breakfast Menu



EGGS

EGGS ANY STYLE 8

2 Eggs | Home Fries | Toast | Add Breakfast Meat +4

FRITTATA 11 *gluten free, vegetarian*

3 Eggs | Fine Herbs | Vermont Cheddar | Potatoes | Toast

GARDEN FRITTATA 13 *gluten free, vegetarian*

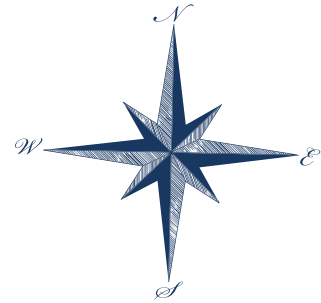
Garden Vegetables | Fontina Cheese | Fine Herbs | Potatoes | Toast

MEAT LOVERS FRITTATA 13 *gluten free*

Bacon | Chicken Sausage | Pork Roll | Potatoes | Vermont Cheddar | Toast

BEACH HAVEN FIT 11 *vegetarian*

Egg Whites | Turkey Sausage | Fresh Fruit | Multi-Grain Toast



SANDWICHES

THE CLASSIC 7

2 Eggs | Vermont Cheddar | Brioche Roll, Croissant Or Bagel
Add Pork Roll, Bacon or Sausage +4 Add steak +8 Avocado +3

QUEEN CITY BAGUETTE 11 *vegetarian*

Egg Whites | Spinach | Tomatoes | Avocado | Provolone

BREAKFAST BURRITO 11

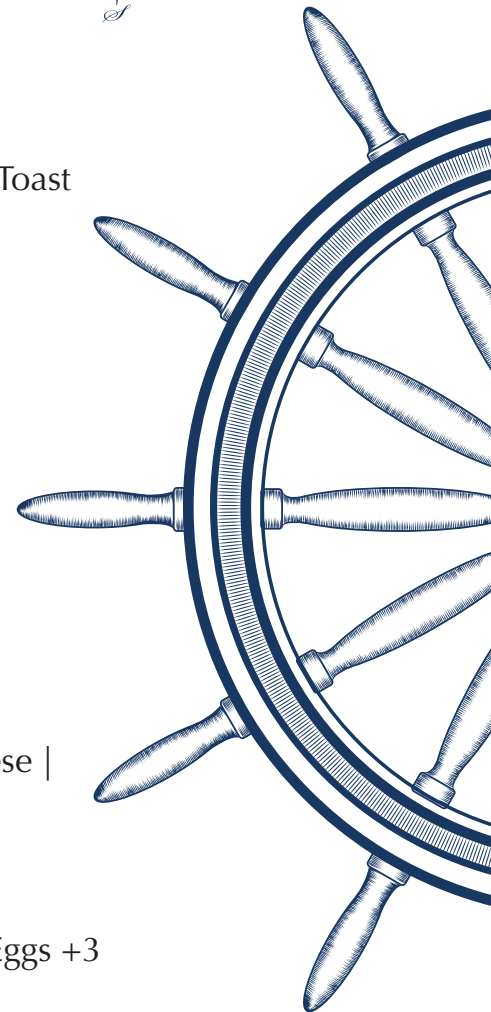
Scrambled Eggs | Black Bean Puree | Pico De Gallo | Potatoes | Cheese |
Avocado | Sauteed Peppers And Onions | Flour Tortilla | House Salsa
Add Breakfast Meat +4 Add Chorizo +3

CHEDDAR BISCUITS + GRAVY 12

Apple Chicken Sausage Gravy | Cheesy Cheddar Biscuits | Add Eggs +3

MORNING SIDES

Toast 2 | Pork Roll, Sausage, Bacon 4 | Apple Chicken
Sausage (1) 4 | Turkey sausage 5 | Cheese Biscuit 3 |
Home Fries 4 | Fresh Fruit 4



A FRESH START

AVOCADO TOAST 13 *vegetarian*

Multigrain Toast | Mashed Avocado | Pico De Gallo | Queso Fresco | Salsa Macha | Sunny Side-up Eggs

GOAT CHEESE TOAST 12

Whipped Goat Cheese | Bacon Jam | Heirloom Tomatoes | Arugula

QUINOA BOWL 10 *vegetarian*

Quinoa | Spinach | Avocado | Cherry Tomatoes | Two Eggs Any Style

STEEL CUT OATMEAL 7 *vegan*

Maple Syrup | Pecans | Dried Fruit | Strawberries | Cinnamon

GRANOLA PARFAIT 6 *vegetarian*

Organic Yogurt | Blueberries | Citrus Fruit | Honey | House Made Granola

LOX + BAGEL 9

Herb Cream Cheese | Caper Berries | Heirloom Tomatoes | Shaved Onions | Everything Bagel | Add Eggs +3



A SWEET MORNING

LEMON RICOTTA PANCAKES (3) 13

Blueberry Compote | Lemon Zest | Whipped Butter

BUTTERMILK PANCAKES (3) 10

Maple Syrup | Whipped Butter

BUTTERMILK WAFFLE 12

Whipped Cream | Wild Berry Jam | Maple Syrup

CHICKEN AND WAFFLES 16

Crispy Chicken | Buttermilk Waffle | Bacon Jam | Jalapeno Syrup
Add Eggs +3 Sausage Gravy +4

FRENCH TOAST 10

Thick Cut Brioche | Powdered Sugar | Maple Syrup

ALMOND FRENCH TOAST 14

Almond Crusted Brioche | Fresh Berries | Cinnamon Whipped Cream
Multi-Grain Toast

